

Free Christmas Activities

Planning Pack • 50+ Ideas for Couples, Adults, Families & Everyone

How to use this pack: Browse the 50+ activity ideas, choose what appeals to you, and add them to your December calendar. Mix activities for different groups and energy levels to create a varied, joyful month.

For Couples

- ☐ Christmas lights walking tour with hot chocolate
- ☐ Romantic movie marathon at home by candlelight
- ☐ Attend a carol service together
- ☐ Winter stargazing in a dark location
- ☐ Create a new Christmas tradition together
- ☐ Visit Christmas markets (browsing only)
- ☐ Take festive photos together
- ☐ Have a Christmas baking session
- ☐ Cook a special meal together
- ☐ Write love letters to exchange on Christmas Day

For Adults (Solo or With Friends)

- ☐ Explore local area like a tourist
- ☐ Volunteer at food bank or charity
- ☐ Host a movie night or games evening
- ☐ Attend free museum Christmas events
- ☐ Join free fitness class or walking group
- ☐ Have a pamper evening at home
- ☐ Learn something new online (YouTube tutorials)
- ☐ Visit library for book browsing and free events

- ☐ Organize a gift-free gathering
- ☐ Have a Christmas cocktail/mocktail making session
- ☐ Research family history and traditions

For Families With Kids

- ☐ Nature scavenger hunt
- ☐ Build a blanket fort cinema
- ☐ Bake and decorate cookies together
- ☐ Write letters to Santa
- ☐ Make a paper countdown chain
- ☐ Christmas carol sing-along at home
- ☐ Visit free Christmas displays (garden centers, hotels)
- ☐ Make homemade Christmas cards
- ☐ Have a Christmas story reading marathon
- ☐ Create reindeer food (oats and glitter) for Christmas Eve

For Everyone

- ☐ Attend town tree lighting ceremony
- ☐ Create handmade decorations (snowflakes, salt dough)
- ☐ Listen to Christmas radio shows or podcasts
- ☐ Take a winter nature walk
- ☐ Have a festive photoshoot at home
- ☐ Watch the sunrise or sunset in a beautiful location
- ☐ Make a gratitude list for the year
- ☐ Rearrange furniture for a fresh festive feel
- ☐ Have a Christmas music dance party
- ☐ Plan next year's Christmas over hot drinks

17

December Activity Calendar

17

Plan your free Christmas activities throughout the month

Fill in activities from the master list, spacing them throughout December. Aim for 2-3 activities per week to keep the month feeling festive without overwhelming yourself.

Week 1: December 1-7

Mon 1	Tue 2	Wed 3	Thu 4	Fri 5	Sat 6	Sun 7

Week 2: December 8-14

Mon 8	Tue 9	Wed 10	Thu 11	Fri 12	Sat 13	Sun 14

Week 3: December 15-21

Mon 15	Tue 16	Wed 17	Thu 18	Fri 19	Sat 20	Sun 21

Week 4: December 22-25

Mon 22	Tue 23	Wed 24	Thu 25	Fri 26	Sat 27	Sun 28

Activity Advent Calendar

Fill in one free activity for each day - cut out and draw daily

Write one activity in each box. On December 1st, start opening/completing them in order, or cut them out and draw one randomly each day for surprise activities!

1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	Activity Planning Worksheet Organize your chosen activities by category and energy level My Chosen Activities by Category Cozy Indoor Activities (Low Energy)				
20					
21					
22					
23					
24					

Pro tip: Mix high-energy activities (walks, decorating) with calm ones (movies, reading) to create balance throughout December.

Active Outdoor Activities (High Energy)

Social Activities (With Others)

Solo Activities (Just for Me)

Activity Planning Table

Use this to track what you need for each planned activity:

Activity	Date	Who With	What I Need

My December Goals

Number of activities I want to do:

What I most want to feel this December:

Who I want to spend time with:

One new tradition I want to start:

Reflection: After Christmas

Favorite activities we did:

What we'll definitely do again next year:

Now

Remember:

Free activities aren't "less than" paid ones. The memories you create come from connection and presence, not the price tag. Enjoy

EVERY

Free Christmas Activities Planning Pack

© Laury Loves... • Free Resource

• Share with anyone who needs it!

new
traditions
we
started:

every
moment!